

Creating a Life Genesis 1, Leviticus 23

We live in a cycle of business but God created us for more than what we can produce. Join us as we look at how to create healthy cycles in the life God gave us to live.

Preparation: creating structure in life

- Forms: What's Missing?
- Plan: What's Needed Today?

Rhythm: creating a sustainable life

- Seasons

The stress level among my 13 and 14-year-old students approximates what I saw several years ago when I counseled high school seniors. There is a sense that they need to follow a prescribed path, to perform well in every discipline. Parents and students fear that even middle school choices might have an impact on college admissions.

As a result, when students earn a low grade or don't like their math placement or get cut from a team, they can become unmoored. Intellectually, we know that no one needs to be good at everything. In practice, it can be hard to take the long view.

Phyllis L. Fagell, licensed clinical professional counselor

Don't trade what's unique to you for something somebody else will do.

- Andy Stanley

Reflection

- Space

Leviticus 23:22 (ESV) 22 "And when you reap the harvest of your land, you shall not reap your field right up to its edge, nor shall you gather the gleanings after your harvest. You shall leave them for the poor and for the sojourner: I am the Lord your God."

- Observation: What did I do?
- Evaluation: How did I do?
- Celebration!

