

FOLLOWING CHRIST IN A SOCIAL MEDIA WORLD

Sermon Reflection Questions

Take a few minutes to list at least five *benefits* of the internet and social media in your own life. How does it help you, your family, or your business?

Take a few minutes to list at least five *dangers* or *negative consequences* of the internet and social media in your own life. How does it harm or threaten you, your family, or your business?

Read Matthew 10:16 and think about how this applies to your use of the internet and social media. How can we be both wise (shrewd) and innocent when online?

Evaluate your own use of social media and the internet by considering the five practices we covered. Where are you doing well? Where do you need to do better? Be specific.

Limit the AMOUNT (see 1 Corinthians 6:12)

Assume EVERYONE can see **EVERYTHING**

Consider the CONTENT (see Ephesians 4:29)

Consider your MOTIVES

Consider the CONSEQUENCES

What ONE THING will you do this week to better follow Christ in your own use of social media and the internet?

Memorize: Matthew 10:16 (NASB) “Behold, I send you out as sheep in the midst of wolves; so be shrewd as serpents and innocent as doves.”

Parents, please continue to page 2.

For Parents:

Go over the three steps we discussed for preparing our kids to go online. How are you doing on each of these with your internet-connected children? Where do you need to do better?

TRAIN them

Set BOUNDARIES

Provide OVERSIGHT

What ONE THING will you do this week to help your kids better follow Christ in their use of social media and the internet?

Resources for parents:

- You can find many great examples of **Family Media Contracts** by searching for that phrase on Google. Copy and paste from any of these to create your own version for your own family.
- Before you give your tween or teen an internet-connected device, consider reading Nancy Jo Sales, *"American Girls: Social Media and the Secret Lives of Teenagers."* I wouldn't have your child read it; just you. It's very R-rated and brutal to read, but it's the reality our kids will find online. Don't remain in the dark.